

No, you should not feel guilty!

For what you did, you did what you did,

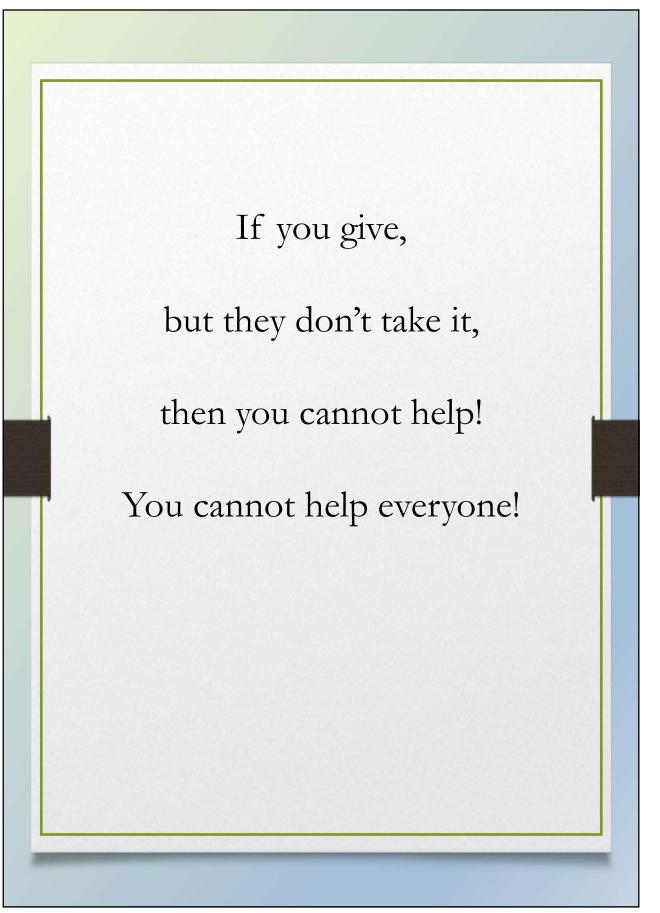
because at the time,

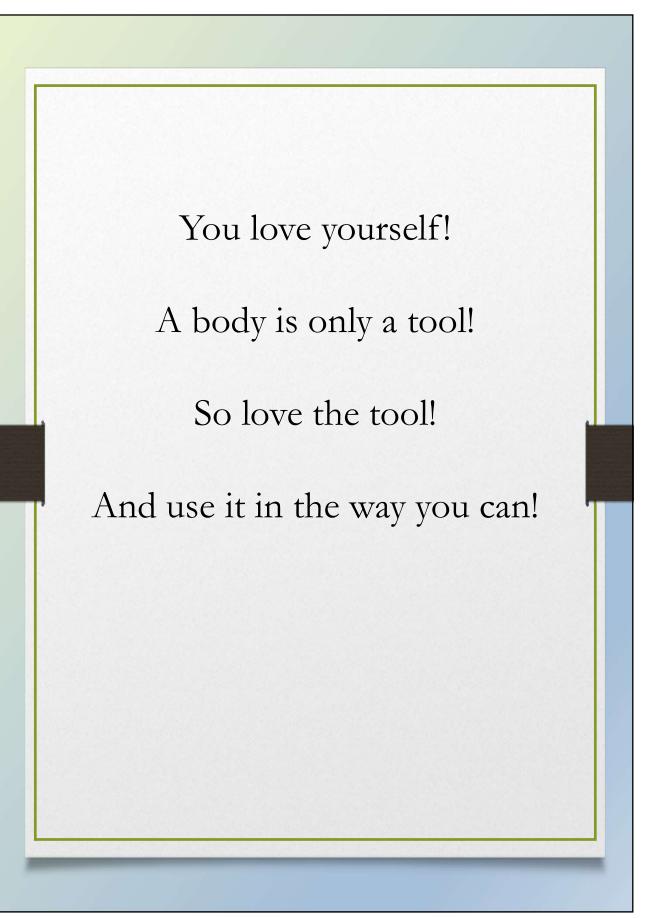
you believed,

it was the right thing to do,

or

it was just nessecary to survive!





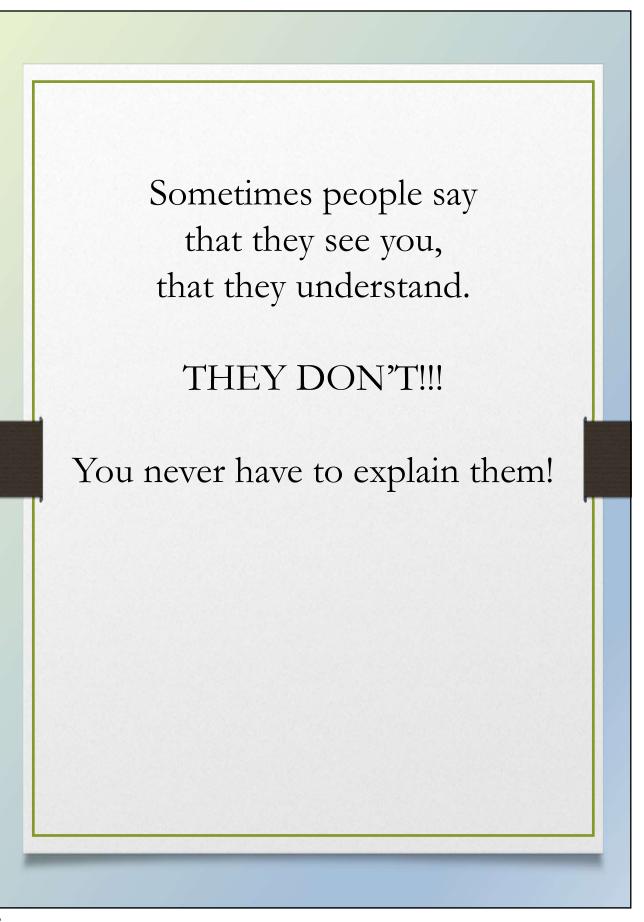
Some things might go wrong. At least you've tried!

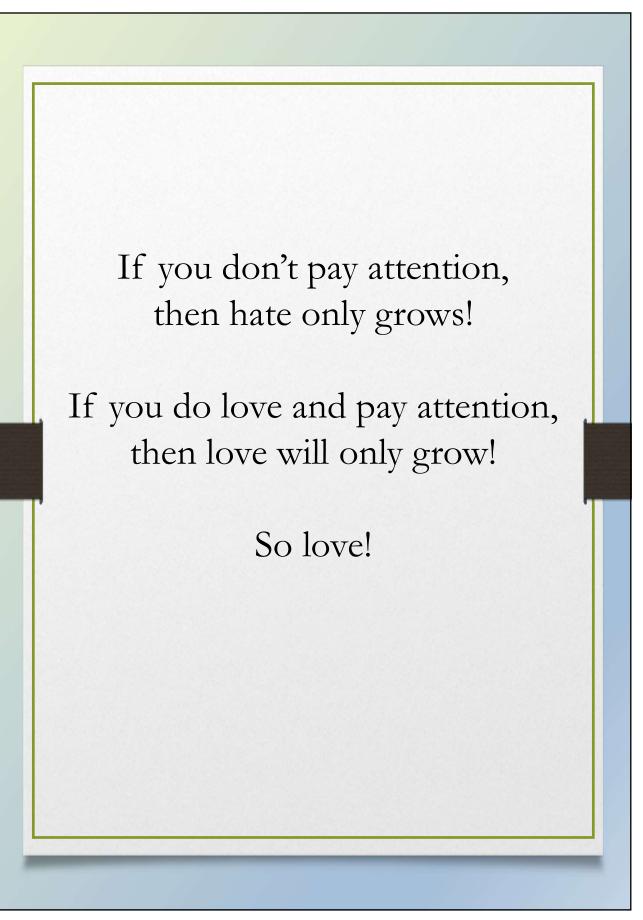
Sometimes you choose the wrong thing. Then it was meant to go wrong, wich is a good thing! Let it guide you!

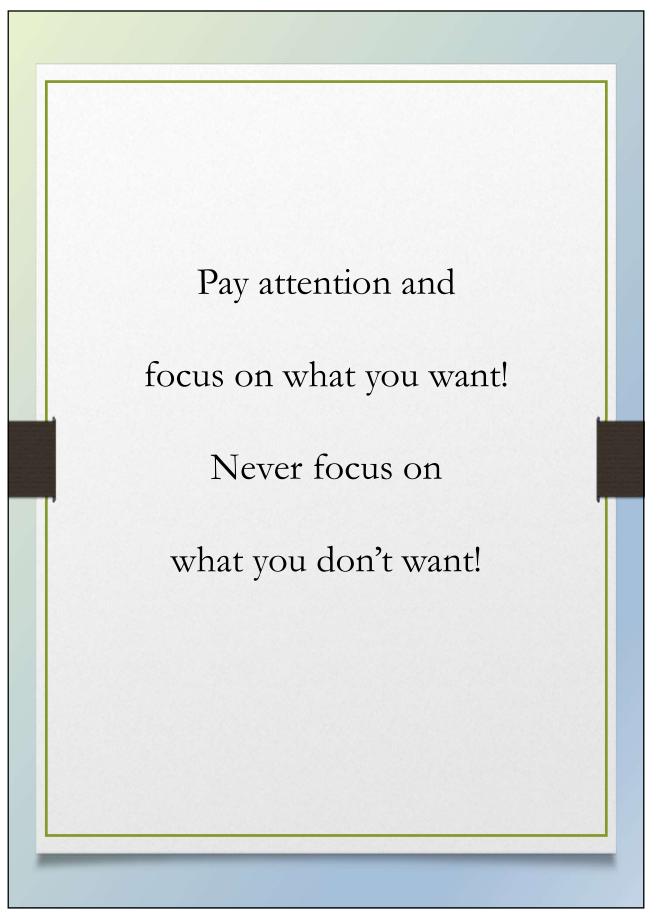
Sometimes you choose the wrong thing, wich went right. Then you were lucky! Many times you choose the right thing.

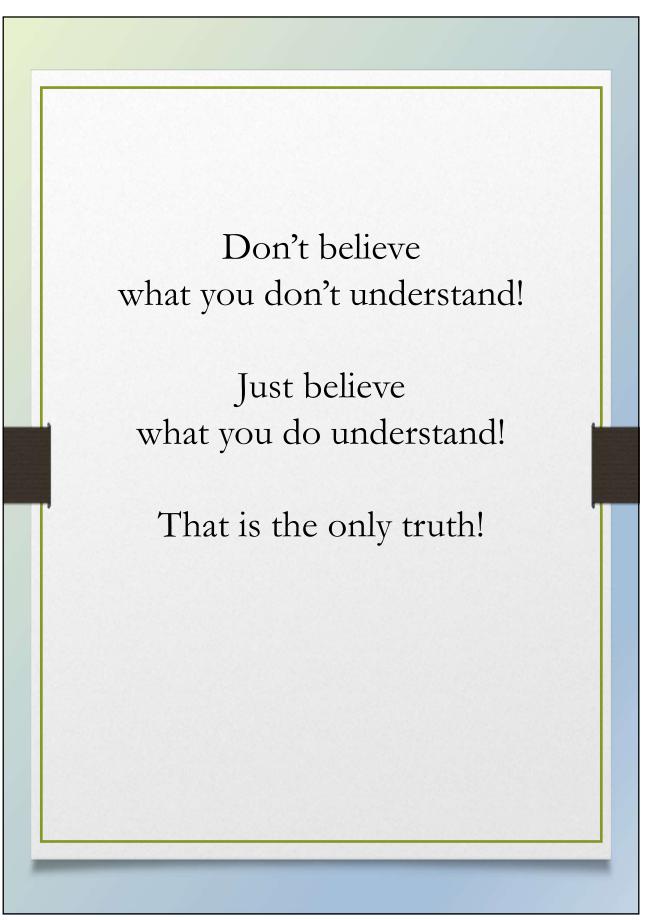
So don't give up!

If you doubt, you wait! If you keep doubting, then you must do something. Then you follow your feelings. Trust your subconsiousness!





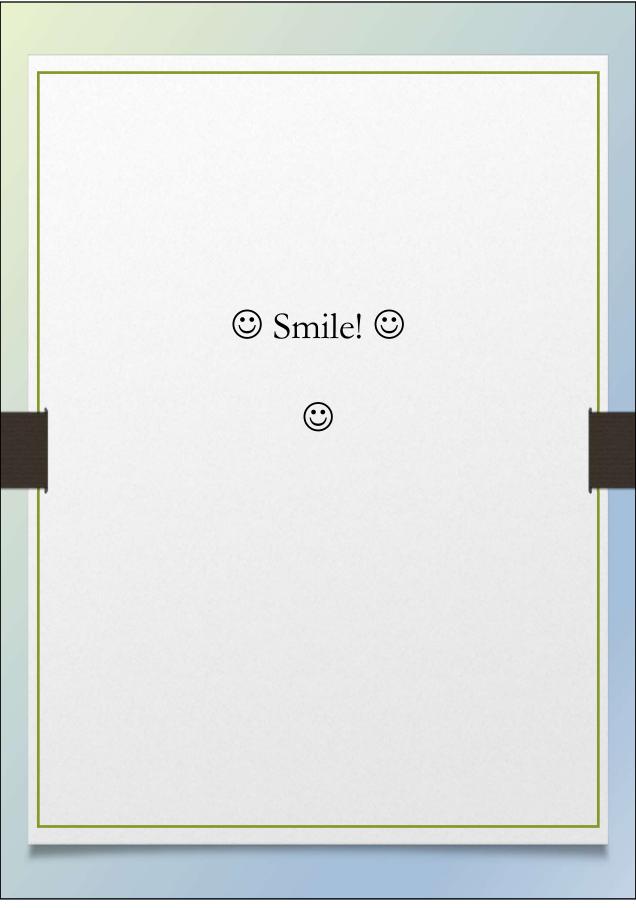


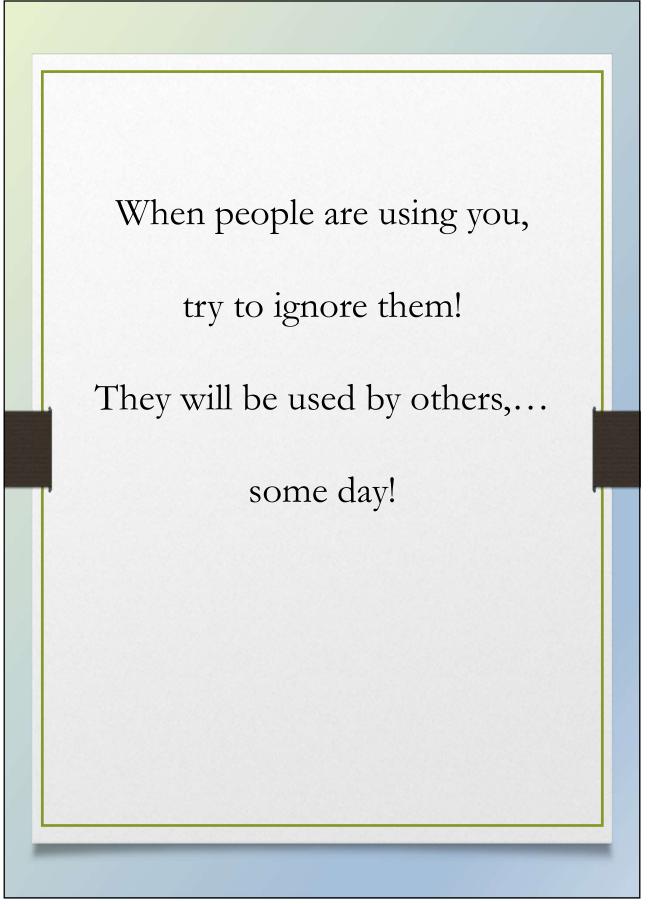


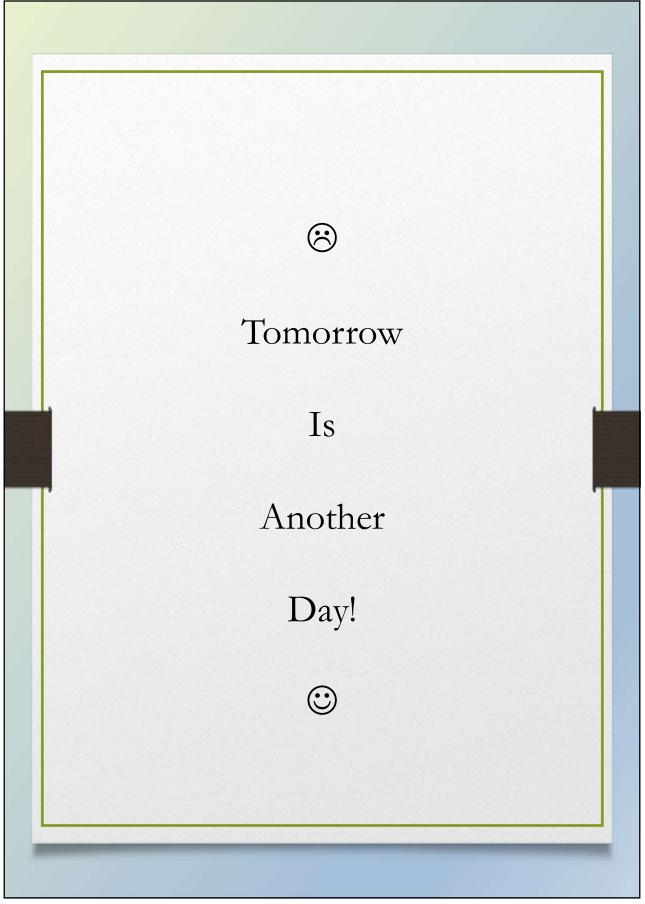
Reacting or not is always an action!

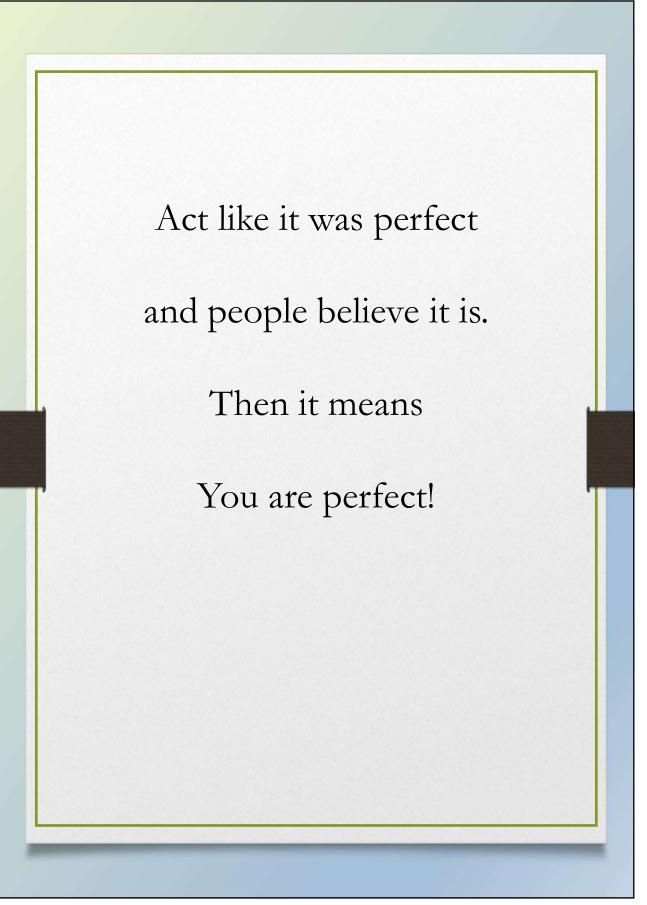
No one else but you are responsible for your actions,

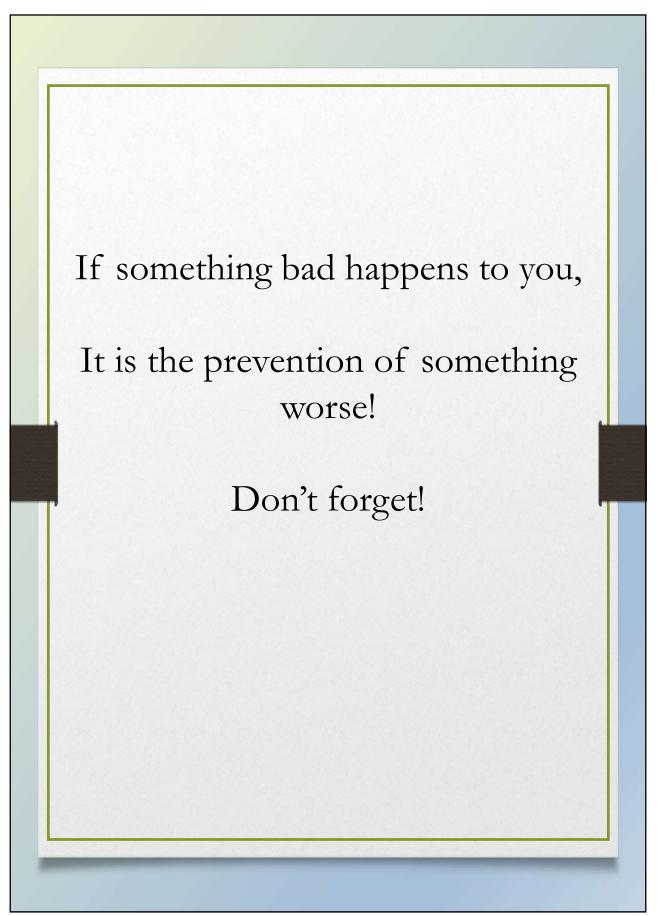
so own your mistakes and take responsibility!









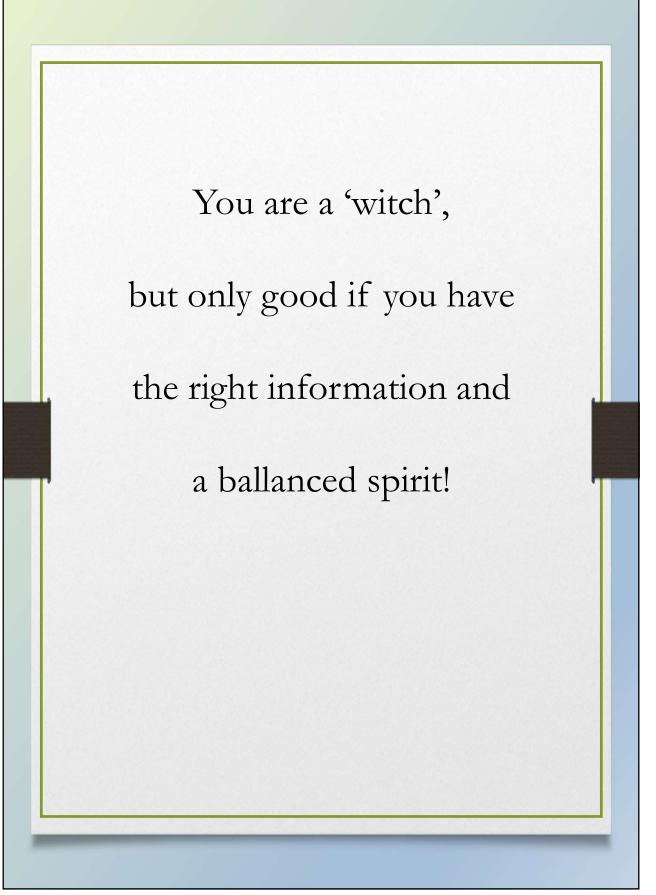


Patience means

to focus on something constructive in order to make your believe stronger.

Whatever the outcome, only then the meaning of patience will be clear.

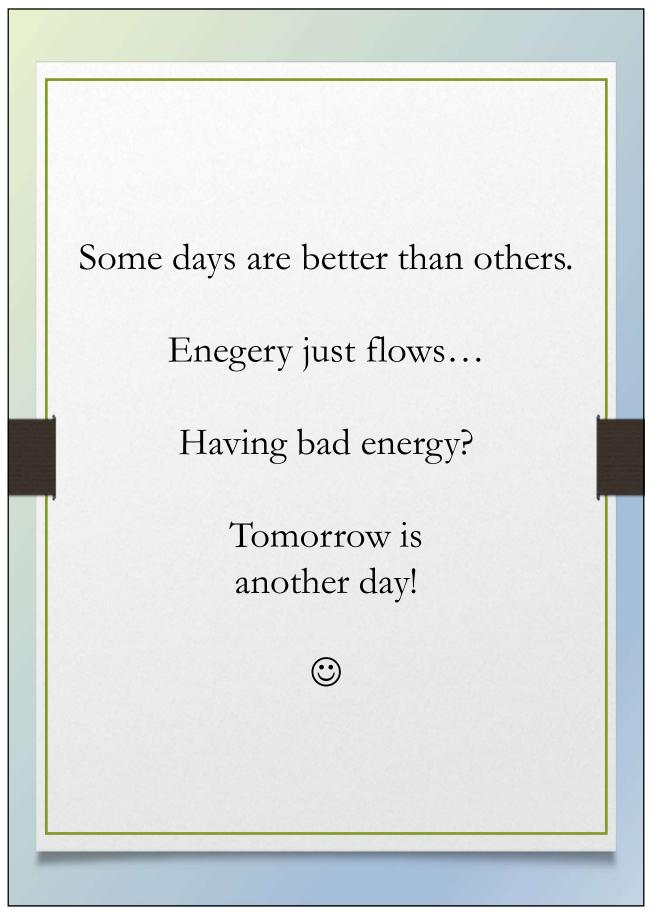
And waiting will have a good, valuable function!

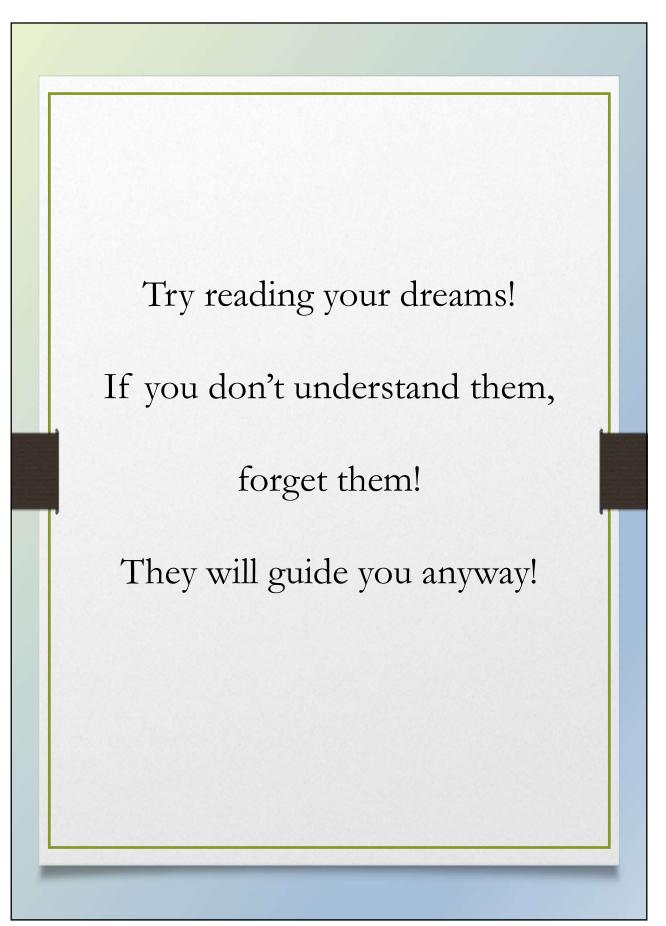


When inner life is distracted by something that is not in the 'now',

(This is fantasy)

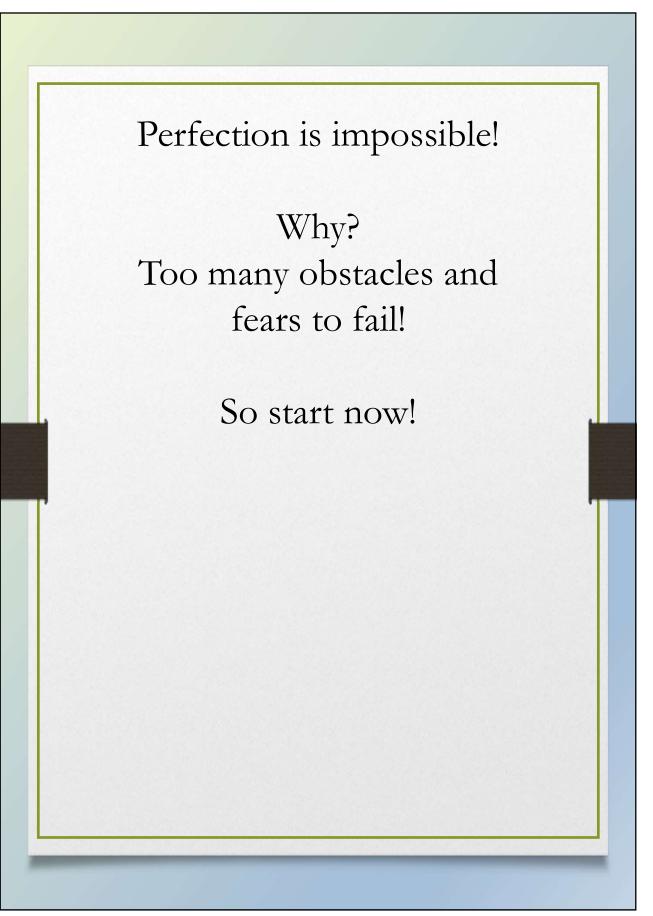
try to focus on the 'now', as a part of a better future!

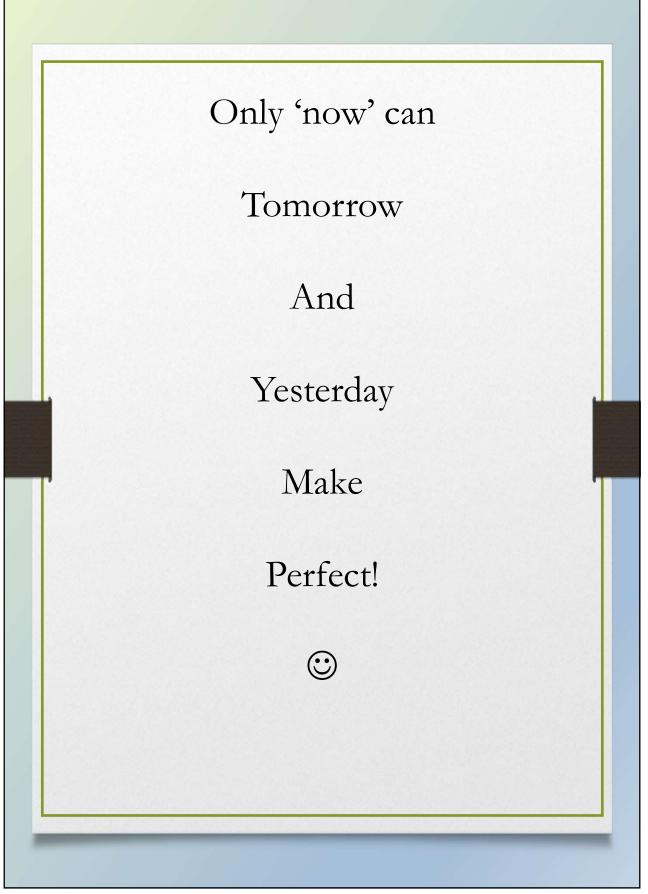


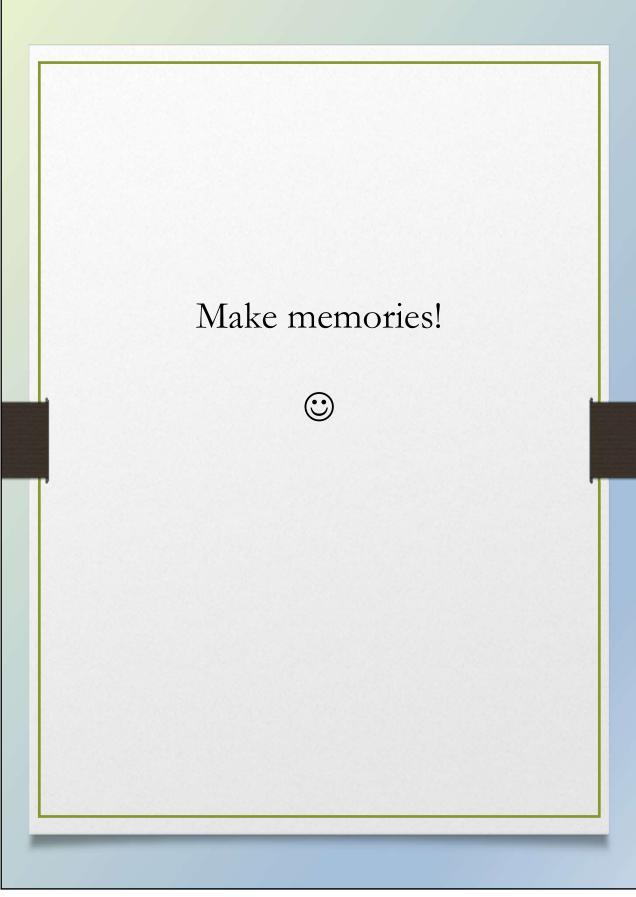


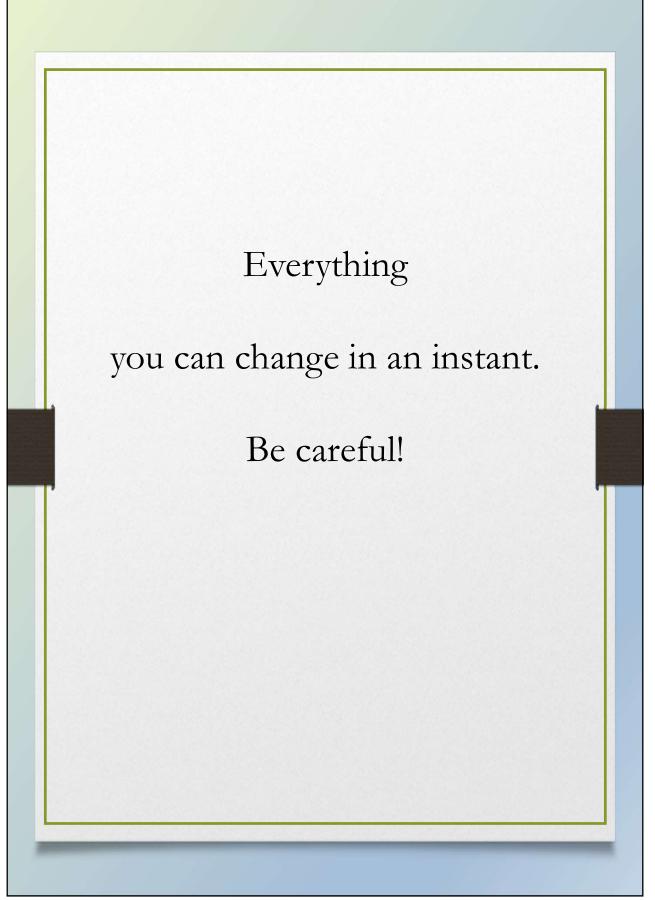
Never compare yourself with someone else!

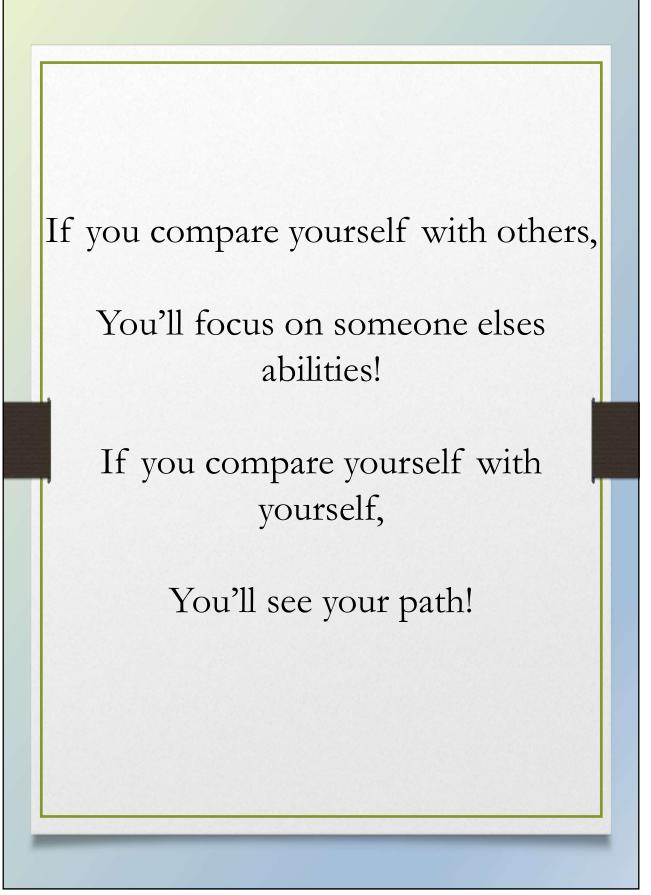
If you want to compare yourself, than compare yourself with yourself!

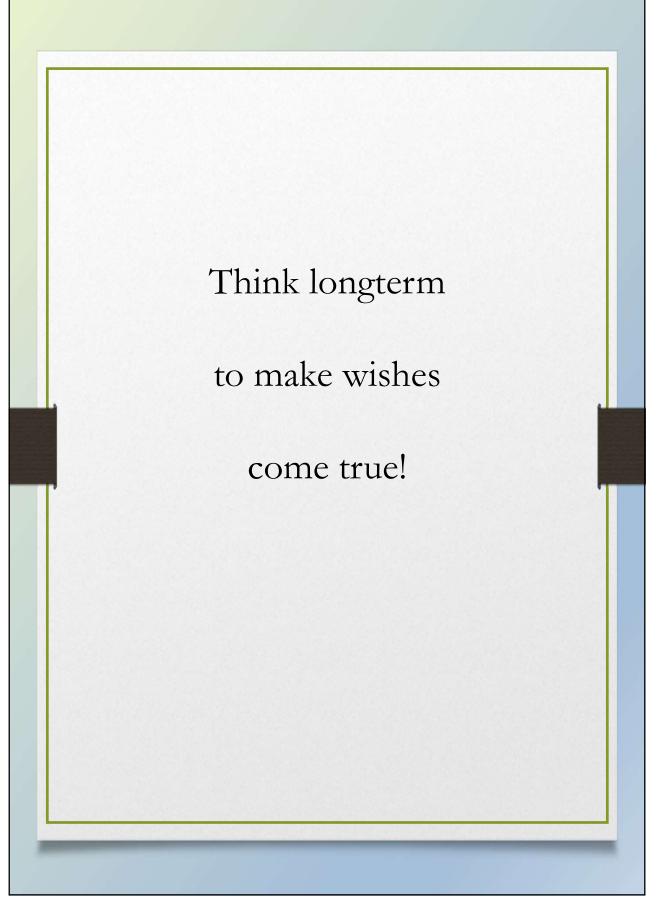


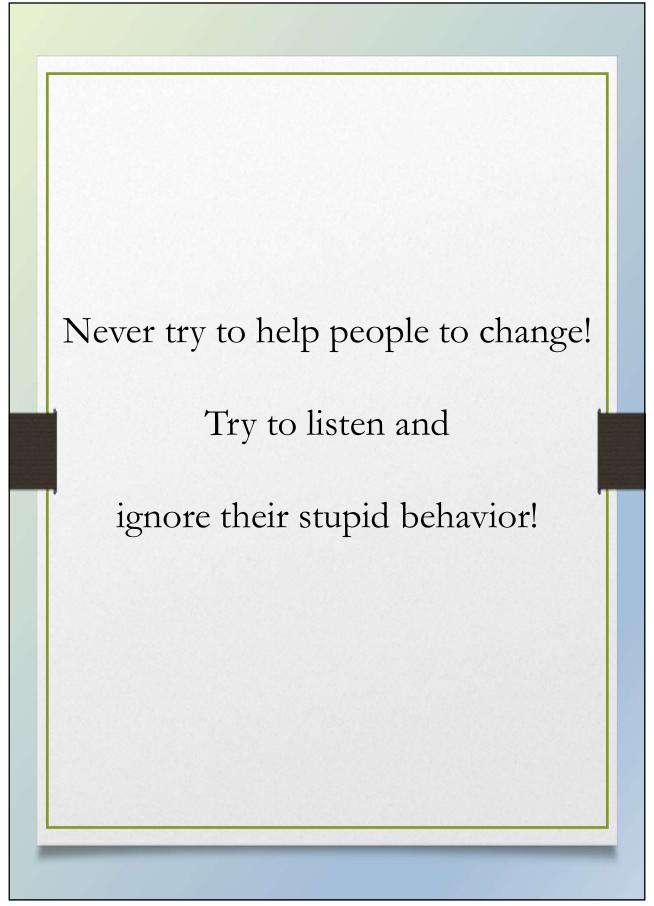


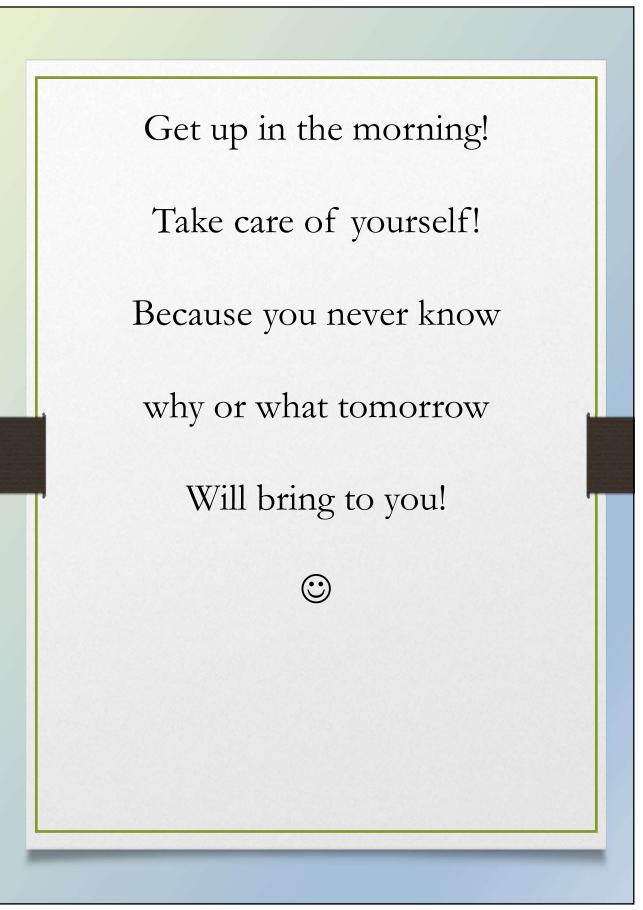


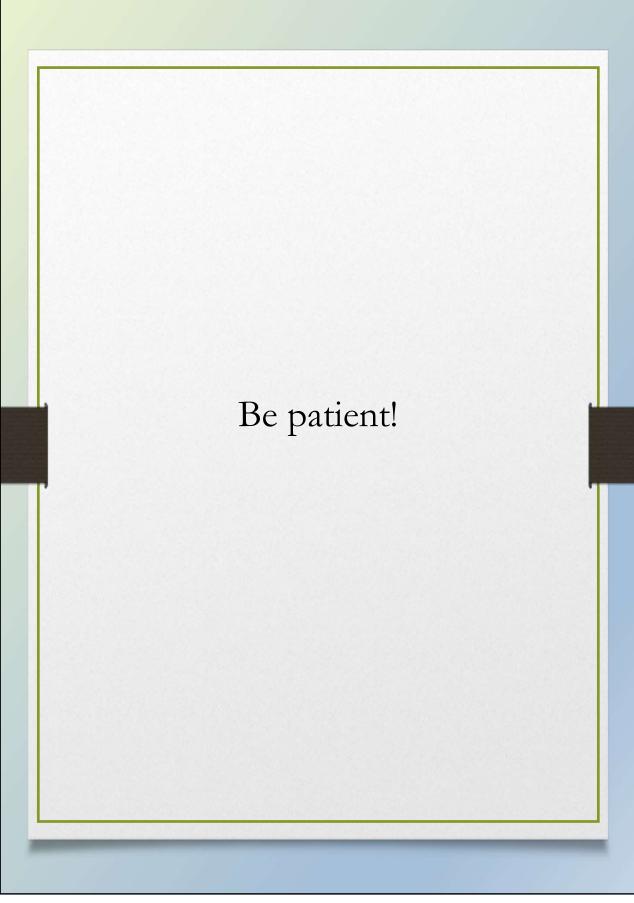


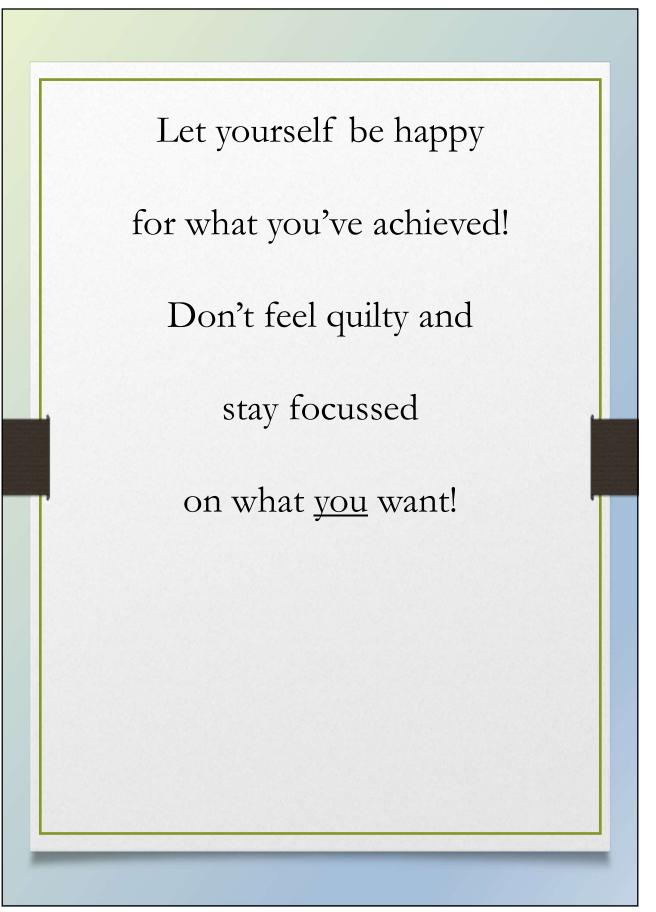












Now is temporary!

In bad times: What can you <u>do</u> now? Do it and time will pass faster!

In good times: Enjoy! It's the result of what you <u>did</u>!

